



Bromley Borough Primary Schools'

PSHE Autumn Term Newsletter 2024



Further to the email circular posted on 4th November to Bromley regional infant; junior and primary schools, welcome to this academic year's first FREE termly newsletter for PSHE Subject Leaders. The newsletter model provides a soupçon of CPD support typically provided via online Subject Leader Forums that are routinely supported with an extensive array of accompanying resource materials including main PowerPoint presentation. This academic year promises to be a period of change for PSHE courtesy of the ongoing Curriculum Review coupled with subsequent new Government framework of delivery for PSHE esp. RSHE (see below)

All key developments will also be featured via: <https://www.londonseprimaryehwb.co.uk>.

RSHE Update:

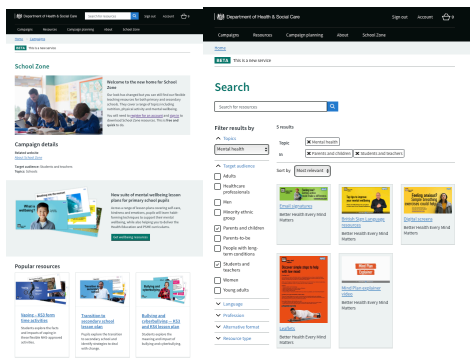
Schools must be careful not to remove or add content based on **draft RSHE guidance** that was published ONLY for consultation in May.

'This is of significant concern, given some of the content schools may have removed will leave people at risk, and some of the topics added do not yet have the resources and guidance necessary to teach them safely and effectively'
(PSHE Association: <https://pshe-association.org.uk/news/policy-update-2024>)

Please ensure that your school continues to follow **the current statutory RSHE guidance** first published in 2019 and in force since 2020 – we all await confirmation from the new Govt. administration as to the direction that they wish to adopt with RSHE.

Link: <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

Free Resource Support from Department of Health and Social Care (DHSC)



DHSC provides complimentary resource support for schools and families that could therefore be used by the former not only to assist curricular learning and display but also as a subject promotional pathway for both home / community outreach. Register at no cost to the campaign resource section for additional free materials linked to Early Years; Mental Health; Eating Well and Physical Activity:

<https://campaignresources.dhsc.gov.uk/campaigns/school-zone/>
+ <https://campaignresources.dhsc.gov.uk/campaigns/school-zone/mental-wellbeing/>

Every Mind Matters:

<https://campaignresources.dhsc.gov.uk/campaigns/school-zone/mental-wellbeing/every-mind-matters-top-tips/>

Primary PE and Sport Premium

(Linking with PSHE CU:1 and Compulsory Health Education)

Please note that the 12th year of this 'ring fenced' grant has been reported as a 'BRIDGING' move with the expectation that it will be the final year in its current form thereby allowing the new Government administration to formulate their new policy framework for both PE and PSHE

DfE Updated Criteria:

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

Conditions of the Grant:

<https://www.gov.uk/government/publications/pe-and-sport-premium-conditions-of-grant-2024-to-2025/primary-pe-and-sport-premium-conditions-of-grant-for-the-academic-year-2024-to-2025>

*School Allocation:

<https://skillsfunding.service.gov.uk/view-latest-funding/national-funding-allocations/PSG/2024-to-2025> (*Directory of new and historic Borough school-by-school allocations also listed on the homepage of:

<https://www.londonseprimaryehwb.co.uk>

Online Safety

This week, Ofcom has warned social media companies they will be punished if they fail to take significant extra steps to address the problem of children pretending to be adults online.

A newly released survey, conducted by the UK media regulator, indicates 22% of eight to 17 year olds lie that they are 18 or over on social media apps: <https://www.medianama.com/2024/11/223-online-age-gating-systems-failing-children-ofcom-survey-raises-alarms/>

A possible ban on social media for under-16s in the UK is 'on the table' (Peter Kyle, Technology Secretary) as he pledged to 'do what it takes' to keep people and in particular children safe online

Parliament is weighing up a private members bill which examines how to make children's digital lives safer.

Link: <https://bills.parliament.uk/bills/3778>

This will include accepting evidence from organisation, Healthcare Professionals for Safer Screens, which wants curbs on smartphones: <https://healthprofessionalsforsaferscreens.org>

What is the Online Safety Act and how can you keep children safe online?

Link: <https://www.bbc.co.uk/news/technology-68225707>

Healthy Eating Resources

DHSC Whole-School Ideas: <https://campaignresources.dhsc.gov.uk/campaigns/school-zone/healthy-eating/whole-school-ideas/>

Food- A Fact Of Life (5-7 Years): <https://www.foodafactoflife.org.uk/5-7years/healthy-eating-5-7-years/>
+ (7 -11 Years): <https://www.foodafactoflife.org.uk/7-11-years/>

British Nutrition Foundation: <https://www.nutrition.org.uk/healthy-eating-week/primary/>

Edible Playgrounds and Food Growing Resources: <https://www.treesforcities.org/our-work/schools-programme/edible-playgrounds/educational-resources>



Oral Health

Asda and Colgate have launched a new initiative to help combat tooth decay amongst 70,000 children living in some of the most deprived parts of the UK.

The initiative will see more than 70,000 free dental kits, consisting of a toothbrush, toothpaste, an educational leaflet and a brushing chart for children, sent directly to over 1,600 schools, benefitting children throughout the country.

Link: <https://www.colgateprofessional.co.uk/community-outreach/bright-smile-bright-futures#>

Oral Health Foundation also provides an extensive range of resource materials for Early Years, KS1 and 2 settings as well as **Brush Time** (a comprehensive guide to assist with pupils brushing their teeth in group settings) as well as other teacher tips and glossary via **Dental Buddy**:

Link: <https://www.dentalhealth.org/downloads-and-resources>

'**The Online Dentist**' provides recommended free-to-download dental health syllabus and resource support for both Key Stage 1 and 2:

Link: <http://online-dentist.co.uk/school-resources/>

Career Explorers

Career Explorers assists key stage 1 learners with their appreciation of strengths and interests, and how these might be suited to different careers.

The key stage 2 lessons focus upon the skills required for different jobs, career influences, challenging career - related stereotypes and the work and study options available, including academic and vocational routes into various careers.

Link: https://primaryplatform.careersandenterprise.co.uk/resources/career-explorers?utm_source=pshe&utm_medium=email&utm_campaign=career-explorers

BBC Teach PSHE

BBC Teach provides a vast suite of interactive, stimulating PSHE lesson resourcing rooted to each of the three NC core units.

Link: <https://www.bbc.co.uk/teach/topics/cqvpy0867zt>

Economic Wellbeing

The following suite of free-to-download lesson resource support primes pupils with the means of understanding 'how money and financial decision making can affect people's wellbeing, and how to make informed and responsible spending choices.

There are four lessons in total in this lesson pack — two aimed at year 4 and two at year 6:

In year 4, pupils explore the role money plays in people's lives, people's attitudes towards money and how they might be influenced to spend it.

In year 6, pupils build on this learning by looking at how money and spending decisions can impact someone's emotional wellbeing, what it means to be a critical consumer, and how spending decisions can affect others.

This lesson pack supports pupils' understanding of economic wellbeing in their day-to-day lives and helps to prepare them for teenage and adult life.

- Lesson plans (PDF and full PowerPoint versions)
- Accompanying pupil resources, with enhanced design and illustrations
- Teacher guidance'



Link: <https://pshe-association.org.uk/resource/money-and-wellbeing>

The School Trip

This recommended 'free-to-register-to' website not only provides PSHE teaching resources, lesson plans, educational videos and education packs but also enables teacher-time friendly assistance with educational visits as well as free teacher events so 'they can always see the latest and best plays and musicals':

Link: <https://theschooltrip.co.uk/join/>

Jigsaw Education Group Advent Calendar

Jigsaw has created a free interactive calendar tailor made to support all primary age settings. It consists of 24 days of videos, information, interactive games and activities galore.

Free to download: <https://ow.ly/vEMU50UaVfy>

Wellbeing Toolkit for School Leaders, Teachers and Staff

Online platform **Welbee** has recently launched a free online resource toolkit consisting of more than 50 complimentary bitesize guides and in-depth online courses related to current research and expert knowledge. Personal wellbeing and leadership is supported through such topics as managing stress, mental health, personal development, leading staff and leading an organisation. 'The bitesize guides are designed to accommodate busy schedules':

Link: <https://toolkit.welbee.co.uk>